



Victoria Academy

Sex and Relationships Education Policy

Updated: November 2020

Adopted By Governing Body: November 2020

Review Date: November 2021

Signed:

Aims and Objectives

Sex and Relationships Education (SRE) within our school aims to provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become active and informed citizens. Information will be delivered in an accepting and honest way, which enables young people to contribute, as deemed age-appropriate. Parents will be fully informed of policy and practice.

SRE will focus on:

Attitudes and Value

- Learning about the value of family life and stable relationships.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision making.

Personal and Social Skills

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on understanding of differences and with the absence of prejudice.
- Providing opportunities for young people to develop the ability to understand the consequences of their decisions and actions, and to manage conflict.

Knowledge and Understanding

- Information about healthier, safer lifestyles
- Physical development
- Emotions, relationships and reproduction

Delivery

SRE will be taught in a variety of ways, including :-

1. As topics.
2. Through planned aspects of science, religious and moral education, PSHCE and behaviour curriculum.
3. Through pastoral time.
4. Addressed occasionally in assembly time.
5. Through occasional visits from the school nurse, parents and siblings. A more formal visit from the school nurse taking place in Years 5 and 6 dealing specifically with puberty.

6. Through the use of story time, circle time, philosophy for children.

Evaluation

This will be done both formally, i.e. through the science curriculum and informally through other curriculum areas and through pastoral time. Children will also take part in self-evaluation.

Explicit or difficult questions in the classroom will be dealt with in a sensitive and professional way.

Working in Partnership

Under the Education Act, pupils can be withdrawn by their parents from part of sex education that is outside the compulsory elements of SRE contained in the Science National Curriculum. Parents of the new intake will have the opportunity to discuss the SRE Policy at the annual induction meeting in June. Parents whose children join the school during the year will be invited to read the school SRE Policy. Any parents expressing concerns will be invited into school for discussions with the head teacher and teacher responsible for delivering this programme, to view materials and resources. Parents of children in Years 5 and 6 will be informed in advance of any lessons relating to puberty and will be invited to view the materials before they are shown. Should they still decide to exercise this right, school will make provision for the supervision of the child. The parent will be advised that they have no obligation to provide the information at home using information available from the DfES.

Monitoring and Evaluation

A review of the Sex Education Policy will take place every two years or when there is new legislation.

Safeguarding

The school has a designated safeguarding lead and Governor who work in partnership regarding safeguarding issues. The school follows the guidance offered by the Local Cumbria Safeguarding Board (LCSB).

See separate Safeguarding Policy.

Equal Opportunities

The SRE Policy will be taught in accordance with the school's Equal Opportunities Policy.