



Physical Education at Victoria Academy



Vision



For children –

- To be inspired through a range of physical activity and reach their full potential.
- To become physically confident, motivated and have a healthy participation in physical activity and competitive sport.
- To have an equal opportunity to participate in extra-curricular sporting clubs and other wider activities.
- To be aware of how PE supports their health, wellbeing and fitness.
- To build confidence and competence in a range of activities



Curriculum Approach

- Overviews to outline the FMS taught across year groups.
- Unit plans to show a holistic approach.
- Pupils to use FMS in isolation and combination.
- Opportunities to develop physical activity within planned and progressive PE lessons.
- Opportunities to practice different sports and learn the linked rules and tactics to play competitively.
- Pupils to take part in outdoor and adventurous activity.



Teaching & Learning Approach

- Warm-up activity at the beginning of each lesson to prepare the body for movement.
- Retrieval of prior learning within the same unit.
- Explicit teaching of key vocabulary and the FMS.
- Lessons draw on the 3 pillars of PE.
- Movements are modelled by the adult where appropriate.
- Picture and video resources used to support understanding.
- Rules, strategies and tactics for new learning are explained including rules for health and safety.
- Adaptive teaching to support and challenge children.



Assessment & Feedback

- Staff to observe children during the lesson to evaluate their knowledge and movement ability.
- Staff to provide 'in the moment' feedback to address misconceptions and highlight strengths and areas for improvement.
- Staff to ask appropriate and insightful questions to assess children's knowledge of the FMS.
- Declarative and procedural knowledge evaluated during the lesson.
- Pupil interviews are carried out as part of the monitoring and evaluation process to assess retention of learning.

